Nan Weber, the presenter, is an LVN, (Licensed Vocational Nurse), a trained Hospice volunteer, Spiritual Care Volunteer, Developer of Family Retreats and teacher. She and her husband, Ed, are parents of 10



daughters and 45 grandchildren and 6 great grand children. Ed is an Engineer and a CNA (Certified Nursing Assistant). They founded the Holy Family Ministry Center in Hartley, Texas in 1992. In 2000, this outreach expanded to include those who are sick and terminally ill and their families. Loreto is a "Respect Life Care Home where the sanctity of every human life is Respected and Protected". Ed and Nan have worked for over 30 years in outreach to families with many diverse needs. Their broad experience has prepared them for ministry to the family during this critical time.

Information Night and Registration

(To Be Announced)

Where: "The Atrium" in the Pope John Paul II Family Life Center building at Holy Family Ministry Center.

Cost: \$60.00 for materials **Classes will include the following:**

- Manual and workbook
- Growing medical library available to all
- Growing sense of team work to help those in • need
- Lively class discussions and networking
- Guest speakers
- Closing Banquet and Certification Ceremony
- Ongoing updates with newest information • and internet resources and monthly gatherings
- For more information call 806-361-5099



Holy Family Ministry Center Is neither owned nor operated by the Roman Catholic Diocese of Amarillo. PO Box 383 Hartley, TX 79044

Different Gifts but the same Spirit

"There are different gifts but the same Spirit; there are different ministries but the same Lord: there are different works but the same God that accomplishes all of them in everyone. I Cor 12.4-6

To make a core team of Angels of Mercy Volunteers to help lift the many burdens of the Primary caregiver, it takes people of all ages and interests; with varied life experiences, skills, talents, training, education, faiths, strength, backgrounds; whether male or female, teens or senior citizen.

Support Caregivers are People Caring to Help Others Just a Few Ways You Can Help Sitting with the sick / Spiritual Care

- / Telephone Support
- Visiting
 - Meal preparation / Yard work
- Cleaning Running errands
- / Repairs, electrical / Transportation
 - Reading to the sick / Hair Care
 - Gift of Laughter
- Child Care
 - Activities of Daily Living
 - Laundry / ironing / mending
 - **Meal Preparation**
 - Sewing
 - Sharing music
 - Carpentry /



Guests make the discussion lively and meaningful as we share with them the gift of volunteering and caring.





Comprehensive **Training Course**

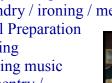
Sponsored by Loreto on the Plains Personal Care Home



Because WE CARE

an outreach of Holy Family Ministry Center to the sick and terminally ill.





Plumbing

Cards and Letters / Flower Care



If you answer yes to any of the following questions, we invite you to join this comprehensive volunteer training course for the answers to these and many more.

- Have you felt helpless when faced with the sudden illness of a family member, neighbor or friend?
- Have you wanted to help but felt awkward, at a loss for words or uncomfortable in reaching out?
- Have you ever been afraid that if a serious illness, stroke, heart attack or terminal illness struck your own family, you wouldn't know what to do or how to handle it?
- Have you wanted to reach out to others who were approaching the end of life, but you had no idea where to begin or what to do?
- Have you ever wanted to know how to bring comfort and peace to those who are dying but don't know how to reach out?
- Have you struggled with issues at the end-of -life looking for answers to your questions without finding them?



Ed and Nan Weber, Founders of Holy Family Ministry Center and Loreto on the Plains Personal Care Home

The Importance of Taking the Course

- 1. Helps the volunteer to complete their tasks with greater sensitivity.
- 2. Helps volunteers understand behaviors associated with various conditions and illnesses, so they can interact effectively.
- 3. To help the primary caregivers achieve greater understanding of the loved one.
- 4. To enable volunteers and primary caregivers to recognize changes in a care recipients behavior or condition.
- 5. *Make it possible for volunteers to note any* changes in primary caregivers that could effect their ability to deliver adequate care
- Make suggestions to the primary caregiv-6. er, home health aide or visiting nurse so these matters may be brought to light and help made available.
- *Help volunteers feel empathy for older* 7. care recipients and the challenges encountered by primary caregivers.



from the Caring to Help Others Training Manual Resource for this course

Volunteer studying and taking notes on the lesson being presented.

Banquet and Certification Ceremony



A recovering Open Heart Surgery patient testifies to the loving care of the volunteers who helped in caring for her while at the Center.

How will taking this course benefit me?

- One day you may face these issues within your own family.
- There are many who are suffering in silence and are afraid or embarrassed to ask for help. You will learn how to recognize the needs and how to approach those in need.
- You become better informed and able to recognize a lack of proper care and how to help.
- You learn how to ask questions and • which questions to ask health care providers, primary care givers and the care recipients in order to facilitate proper care.
- You learn about other resources available for appropriate help and support.

THE NUMBER ONE REASON

You receive blessings, rewards and sat-• isfaction beyond your expectations as vou see the look of relief on faces and see smiles filled with gratitude.

How much does it cost?

\$60 for the materials which can be paid by credit card, check, or a payment plan.

What is the time commitment?

10 / 3 hour sessions and 6 hrs. "hands on" experience that educates you for the future and helps you to be a success at your other volunteer and professional positions.

Do I have to volunteer with Loreto when the course is completed?

No, you are not obligated to volunteer but we would hope that you would join the Angels of Mercy team if only for an hour a month.